



Clark's Self Defense of Sarasota

4952 Fruitville Rd.
Sarasota, FL 34232
941-225-1065

Class Schedule - August 13, 2018 - May 30, 2019 (Last updated 07/22/18)

Schedule is subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 – 10:45 Home School Class	Private Lessons	Private Lessons	10:00 – 10:45 Home School Class	Private Lessons	7:00– 1:00 Farmers Market	Private Lessons & Birthday Parties
4:30 – 5:15 Ages 4 – 7 All Levels	4:30 – 5:15 Ages 8 - 12 All Levels	4:30 – 5:15 Ages 4 – 7 All Levels	4:30 – 5:15 Ages 8 - 12 All Levels	4:30 – 5:15 Ages 4 – 7 All Levels	3:30 – 5:00 Birthday Party	Private Lessons & Birthday Parties
5:15 – 6:00 Kids Forms & Weapons	5:15 – 6:00 Kids Self Defense Techniques	5:15 – 6:00 Kids Sparring & Grappling	5:15 – 6:00 Advanced Blue belt or higher	5:15 – 6:00 Ages 8 - 12 All Levels		Private Lessons & Birthday Parties
6:00 – 6:45 Ages 8 - 12 All Levels	6:00 – 6:45 Ages 4 – 7 All Levels	6:00 – 6:45 Ages 8 - 12 All Levels	6:00 – 6:45 Ages 4 – 7 All Levels	6:00 – 6:45 DEMO TEAM	6:00 – 7:30 Birthday Party	Private Lessons & Birthday Parties
6:45 – 7:30 Adults	6:45 – 7:30 Adults	6:45 – 7:30 Adults	6:45 – 7:30 Adults	6:45 – 7:30 Adults		Private Lessons & Birthday Parties
7:30 - 8:15 Private Lessons	7:30 - 8:15 Private Lessons	7:30 - 8:15 Private Lessons	7:30 - 8:15 Private Lessons	7:30 - 8:15 Private Lessons		Private Lessons & Birthday Parties

Instructor's permission is required to participate in Forms/Weapons and Sparring/Grappling Classes

www.clarkselfdefense.com